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Baptist Health Urgent Care – Your Weight Loss Partner

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Baptist Health Urgent Care offers a medically supervised weight loss program to help you reach your healthy weight.

Your weight loss journey isn't just about looking better in your clothes. It's about improving your overall health so you can enjoy life. Being overweight can also lead to many chronic health conditions including:

- Diabetes
- Increased Cancer Risk
- Sleep Apnea
- Heart Disease
- High Cholesterol
- Joint Pain
- High Blood Pressure

About the Baptist Health Urgent Care Weight Loss Method:

Our method for medically supervised weight loss aims to help those struggling to lose weight on their own be successful. The program and clinical protocols are approved and supervised by our Chief Medical Officer Chad Sherwood, M.D. Key components of the program:

- Initial visit includes blood work and an EKG to measure heart health.
- Monitoring important hormone and electrolyte levels to ensure they are optimal for weight loss.
- Prescribe medication to help suppress appetite or make you feel fuller faster to support sustainable results.
- Regular follow up visits (no appointment needed) to track weight loss, measure blood pressure and pulse rate, as well as monitor exercise and eating goals.
- Guidance for caloric restrictions, exercise and the benefits of balanced nutrition.

Depending on your insurance plan, this program may be covered.

Visit [BaptistHealthUrgentCare.net](https://www.baptisthealthurgentcare.net) to find a location near you and to learn how we can support you during your weight loss journey!

