



STROKE SUPPORT GROUP

Meetings take place EVERY 2nd Thursday @ 3:00p.m.

Month	Presentation	Presented By
January 8, 2026	Q&A with BHMC Stroke Clinicians	Stroke Clinicians: Dr. Eli Johnson; Kasey Grimmett BSN, RN, SCRNP, ASC-BC, NVRN-BC, CNIC-BC, Neuro Program Line Manager; Lindsey Bourne APRN, MNsc, AGAC-BC, ANVP-BC, CNIC-BC, BHMC-LR Advanced Practice Provider
February 12, 2026	Supplemental Security Income Disability/Medicaid/Medicare	Mark Smalling and Jared Harriman NSSA Retireepath
March 12, 2026	Sex and Intimacy after a Stroke	Stephanie Berry OTR/L, BHMC LR Outpatient Therapy
April 9, 2026	Stroke Localization: Why Do I Have These Symptoms?	Sarah Launius BSN, RN, CCRN, ASC-BC, NVRN-BC BHMC-NLR Stroke Coordinator
May 14, 2026	Coping Together: Poetry Writing and Puzzle Therapy	Stroke Transition of Care Coordinator
June 11, 2026	Q&A with Physical, Occupational, and Speech Therapists	BHMC Little Rock Inpatient Therapy Department (BHRI) Kim Roberts, PT and Cheryl Cleveland, OTR/L
July 9, 2026	What is an Ischemic Stroke	Lindsey Bourne APRN, MNsc, AGAC-BC, ANVP-BC, CNIC-BC BHMC-LR Advanced Practice Provider
August 13, 2026	Adapting to Stroke	Whitney Raheem BSN, RN, SCRNP, SANE-A, BHMC Conway Stroke Coordinator
September 10, 2026	Pelvic Floor Therapy	Stephanie Berry OTR/L, BHMC LR Outpatient Therapy
October 8, 2026	Managing Muscle Spasticity	Sarah Harper, MS, OTR/L
November 12, 2026	Post Stroke Social Isolation And Loneliness	Chrystal Fullen, Psy.D., Clinical Neuropsychologist
December 10, 2026	Holiday/Survivor Party	Stroke Transition of Care Coordinator

In-Person Support Group

Baptist Health Community Outreach
10117 Kanis Road
Little Rock, AR

Online Stroke Support Group

To Join, Visit: baptist-health.com/services/neuroscience/stroke/stroke-support/

OR



Scan to Join

OR

DIAL: (US) +1 470-241-4690
PIN: 884 318 175#



Baptist Health

For Questions or More Information Contact:
Stroke Transitions of Care Nurse at 501-202-1267