



Stroke Caregiver Class

A free class for family and friends caring for a stroke survivor.

Light refreshments will be provided.

Join us to learn about:

- Understanding Stroke Recovery
- Coping and Self-Care for Caregivers
- Community Resources



Lakeside Conference Room
3333 Springhill Drive
North Little Rock, AR 72117



2:00 PM – 4:00 PM

- April 17, 2026
- June 19, 2026
- August 21, 2026
- October 23, 2026



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